

BRIDREPORT

Here we are in December, farewelling another year, but also welcoming summer and the busy holiday season when our "Village by the Sea" fills with visitors, activities and we hope, glorious sunny days (with night time rain for our gardens and farmers).



It is the time when Bridport Innovations acknowledges and thanks everyone who contributes to, and supports our monthly BridReport – our sponsors, those organisations and individuals who contribute articles, the Dorset Council and particularly our editor Alison Reader, who collates the material and prepares it for printing; we really value her time and input.

Feedback tells us that you, our readers, also appreciate having a source of local news and information and we thank you for your support.

As mentioned already, summer is a very busy time in Bridport. It is wonderful to see the streets and businesses buzzing with activity, but with that comes a greater need to take heed of safety – on the beach as well in the streets. A proposed new pedestrian crossing in the shopping precinct will help, but please observe the speed limits, take extra care when crossing the streets and please remember, no scooters, bikes or skateboards on the footpath from the top of IGA to the bottom IGA.

The Surf Life Saving Club have a between the flag swimming area on Goftons Beach.

A reminder of the great new asset of a new shower and toilet block above Eastmans Beach which has toilets and hot showers accessible to the public. There is a cost for the showers, using a credit/debit card.

Events@Bridport have decided to wind up their activities and Bridport Innovations thanks them for their contributions to the community over the years, particularly their Christmas street decorations and End of Summer Parties which were always wonderful gatherings on the Village Green.

Our best wishes to everyone for a happy and safe Festive Season, Christmas celebration and a wonderful summer of good times in Bridport.

This report is proudly sponsored by

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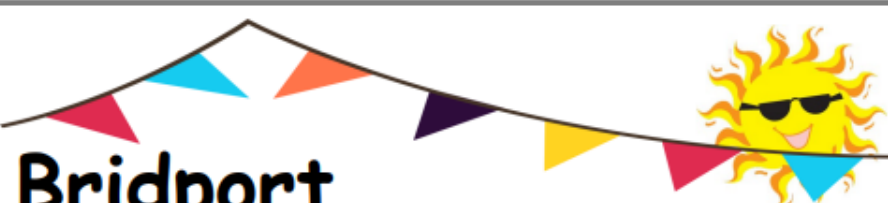
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"Where Community comes together"

Christmas Market

Saturday, 7th December, 2024

Bridport Community Hall

9:30am - 1:00pm

followed by the Summer Market on
Saturday, January 4th, 2025

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Facebook: Bridport Village Market



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Bridport Surf Life Saving Club



We are gearing up for another exciting year, with the season just around the corner. The season officially starts on the 1st of December with fantastic community-focused surf lifesaving programs including Nippers, Silver Salties, Starfish Nippers and Surf Lifesaving.

The Bridport Nippers Program has a strong emphasis on both fun and learning. Nippers offers a mix of surf safety skills, fitness activities, and plenty of fun in the sun. It's a fantastic way for children to get involved in surf lifesaving, meet new friends, and build confidence both in and out of the surf. The Nippers program is open to children aged 5 to 13, and is about teaching kids how to be safe around the surf. The club offers a 'come and try' session to anyone interested in joining Nippers.

Starfish Nippers is also offered by the club. The program is for children and young adults living with a disability or impairment that makes participation in Nippers challenging. The club offers three sessions throughout Summer. We also have two beach wheelchairs available to the public to ensure all abilities can access our beautiful beaches.

This season the club will patrol Goftons Beach on the weekends throughout December, January and February and every day between Christmas and New Year. Our surf life savers undertake training that teaches essential surf lifesaving skills, including water safety, rescue techniques, and first aid, to prepare our members to respond effectively in emergency situations at the beach. It's a great set of skills for life and we encourage people to get involved.

One of the highlights of the year for the club is the **Woolnorth Renewables Bridport Surf Sports Carnival**. The carnival is the first in the statewide series and will see over 400 competitors from across the State show off their skills and compete in a friendly yet competitive environment. The Carnival will be held over the weekend of the 7th and 8th of December at Goftons Beach and will include beach and water racing.

Three young members of our Club – Annie Howard, Cooper Reeve and Tim Innes – have been working hard over the offseason and are in contention for the honour of representing BSLSC and Tasmania at a National Level.

The Silver Salties Program is another fantastic initiative offered by the Bridport Surf Life Saving Club. This initiative is designed for older members of the community who still want to stay active and be involved in surf lifesaving. With an emphasis on gentle fitness, social connection, and skill development, the Silver Salties Program is a wonderful program for older members of the community. This year we are encouraging everyone to bring along a body board (these can be stored at our Club Rooms) and enjoy a fun time in the water either with your body board or a paddle board. Our Season kicks off on Saturday, 30th November at 9.30 a.m. Silver Salties is a great opportunity to enjoy the beach, water and sunshine and a follow up coffee (if time permits) together in a very social fun environment - bring along your friends and support our super amazing Bridport Surf Life Saving Club!! Enquires to Leonie - 0438 281352 or Jen - 0417 570 337



Whether you're a young Nipper just starting out, or a Silver Salties, the Bridport Surf Life Saving Club is a vibrant hub for people of all ages. It's more than just a place to learn lifesaving skills—it's a place to make lasting memories, build strong friendships, and be part of something special.

The club is always ready to welcome new faces and continue to make a positive impact on the Bridport community. Whether you're interested in patrolling, training, competing, or just having fun at the beach, there's a place for you at the Bridport SLSC.




For more information follow the Bridport SLSC Facebook page or go to:
www.bridportslsc.org.au


See back page for Nippers
2024/2025 calendar




Lollies from Santa in Bridport!!!



On Christmas Eve from 4.30 until 6.30 pm
Bridport Fire Brigade will be escorting Santa
**ONLY ON MAIN STREET Bridport so that
SANTA CAN GIVE YOU LOLLIES!**



No Campfires Allowed



Legend

- Campfires are now banned on all PWS managed land located within the shaded areas.
- Permanant Fuel Stove Only Area

5 November 2024

BRIDPORT SLSC

NIPPERS

Nippers is an exciting program for kids aged 5-13, focusing on surf safety, lifesaving skills, and ocean awareness. It's a great way for children to make friends, stay active, and enjoy the beach!





Come and Try

When: Starting the 1st of December and then most Sundays in December, January and February
Time: 10:30 AM - 12:00 PM
Where: Bridport Surf Life Saving Club

Activities Include:

- Beach games
- Surf awareness
- Water safety education
- Skill development

New Nippers are welcome to try before signing up. For more information go to the Bridport SLSC Facebook page or to our website at www.bridportslsc.org.au





LIONS CLUB OF BRIDPORT
PLEASE JOIN US FOR

CHRISTMAS CAROLS BY THE SEA

SUNDAY 15 DECEMBER

4.00 PM
(CAROLS START AT 5.00PM)

BRIDPORT VILLAGE GREEN
BYO CHAIR OR PICNIC BLANKET

APPEARANCE BY SANTA

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SCAN THE QR CODE
OPEN THE WORDS TO THE CAROLS AND SING ALONG

**Grass Tree Spectacular
by Lou Brooker**

If you camped at Waterhouse over the November long weekend, you would have noticed the mass of Grass trees in full bloom out there. Just nine months after a severe bush fire, the grass trees have responded by throwing up hundreds of flower spikes, some up to three metres tall, making a really spectacular display..

Until they put up their flower spikes in spring, you could be forgiven for ignoring them or at least not noticing them. You might have even written them off if you saw them immediately after the fire.

This is one extraordinary plant with many names. Called a 'grass tree', it has a skirt of grass-like leaves growing around a central trunk which can increase in height very slowly over time. An aboriginal name in wide use is 'yacca', a term that appears in the locality name of Yacca Creek near Ansons Bay. Another Aboriginal name, specifically used by Tasmanian first people is 'yamina'. The descriptive name 'kangaroo tails', is most apt as there is a likeness before the flowers start to form and the 'tail' is still brown.

As the flower spike reaches maturity in the spring, it begins its flowering on the northern side; the side facing the sun. After a couple of months, when all the flowers are out, the spikes are buzzing with all sorts of flies, wasps, bees, beetles and of course the honey-eating birds. At night they are probably visited by bats.



The grass trees become real pollinator magnets.

With Mt. Cameron in the background. Some flower spikes attain three metres in height



U3A Bridport Seniors Group



All Seniors welcome

Wednesday 10 am to 3 pm

Bridport Hall

December 11	10.30 am	Chair exercises with Dee
	11.00 +	Social activities
December 18	10.30 am	Chair exercises with Dee

Return January 2025 date to be advised

Bridport RSL Sub-Branch



Remembrance Day Raffle

- 1st Paul Kitchen
- 2nd Ros Caldwell
- 3rd Simon Hirst
- 4th Pat Child
- 5th Jenny Millwood
- 6th Bob Child

**Thank you to all
who participated**

Climbing Mt. Cameron by Mike Douglas

The Mt. Cameron Range near Gladstone is popular with buswalkers. The main peak, Mt. Cameron itself, dual name Poonerluttener, is clearly visible from Bridport.

The track to the summit starts just past the gate on the orad to the Field Study Centre, an offshoot from the Old Port Road.

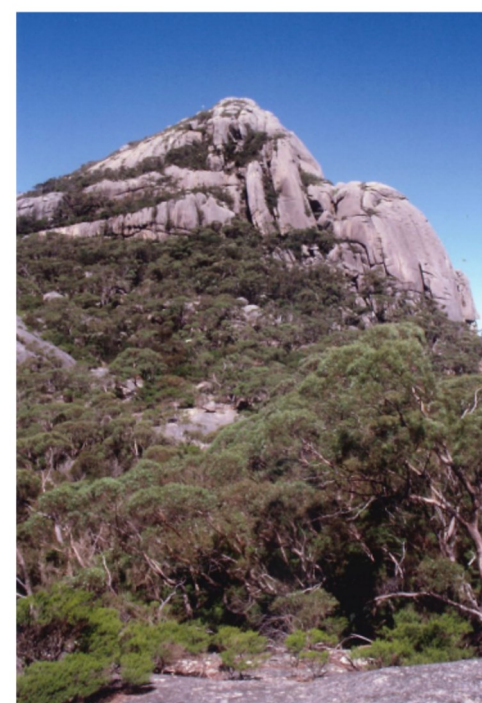
The four to five hour return trip traverses a good deal of rough, rocky terrain culminating in a steep scramble to the top from where there is a bird's-eye view of the far northeast and the Furneaux Islands.

Over the years many Scottsdale High School students have made the ascent as part of outdoor education activities.

A shorter walk is to the halfway mark on the track where there is a cluster of rock pillars known as The Maze, truly an amazing feature.

A guidebook covering bushwalks on the range is available at The Pavilion, Bridport. If you are looking for some summer holiday walks the Mt. Cameron Range has much to offer.

Photo: The summit slopes of Mt. Cameron



Lions Club of Bridport



Show and Shine Car/Bike Show - Sunday 12 January 2025

Lions Club of Bridport are organizing their Show and Shine Car/Bike Show on Sunday, 12th January at the Bridport Village Green. This is a very popular annual event – cost is \$5.00 for drivers and visitors with children under 16 free.

Our Peoples' Choice Competition, which was very well received last year with over 1,000 votes recorded, will be included again in 2025 – a huge thank you to Matthew and Shannon Bayles from FC Management for their sponsorship of this Competition. The Details of our Peoples' Choice Competition will win:

1st Prize – \$500.00, 2nd Prize – \$250.00, 3rd Prize – \$150.00

Thank you to our Car/Bike Enthusiasts who continue to support our Show and Shine Event – all funds raised will be donated to projects in our local community.

If you would like more information on Lions Club of Bridport Show and Shine Car/Bike Event, please contact Leonie Johnston, Secretary, Lions Club of Bridport Inc., Mobile: 0438 281352



Save the date for Fiesta



Pieces are being put into place for a 2025 Tassie Scallop Fiesta, to be held on Bridport Village Green on Sunday 3 August. Organisers have taken the decision to push ahead with an eighth edition despite the increasing challenges of staging a volunteer-based event.

There seems to be a wide expectation there'll be another Fiesta, including among some sponsors and supporters.

The event has delivered on the plan to bring some activity and fun to the area in the depths of winter, when it would otherwise be very quiet. The general view of locals is that it's a welcome fillip, although some are put out at the extra people in town for one or two weekends.

Setting a date will put minds at rest. There have been regular inquiries from interstate from people wanting to organise travel and accommodation around attending the Fiesta.

The organising committee now has the task of coming up with a program to pique the interest of patrons, so don't expect the same every year. Fresh ideas and new volunteers are always welcome.



Patrons at last year's Fiesta prepared for the winter event ... sunshine has been ordered for Sunday 3 August next year.



The Pavilion Visitor Centre Christmas Closure



CLOSED - Christmas, Boxing Day and New Years Day

Treatment of Sunburn



What is sunburn?

Sunburn is erythema and oedema from excessive exposure to the sun's rays, more specifically the ultraviolet (UV) radiation emitted from the sun. Sunburn may also occur from exposure to other UV light sources i.e. a solarium.

What is the treatment of sunburn?

The treatment of sunburn is to provide relief of the discomfort it can cause with the use of analgesics (pain-killers), cool baths, aloe vera lotions and moisturisers.

However, sunburn is better prevented than treated. Sun protection is your best defence against sunburn and other damaging effects of UV radiation.

- Avoid sun exposure, especially between 10 am to 2 pm.
- Wear protective clothing, including wide-brimmed hats.
- Apply and re-apply sunscreen with a Sun Protection Factor (SPF) of 50+.

If you are inadvertently exposed and expect to be sunburned, you may lessen the severity of the burn with the following measures:

- Take two aspirin immediately and then two every four hours.
- Apply a topical steroid to exposed areas twice daily for two or three days.

You should see your doctor immediately for severe sunburn, or if you have: blisters that cover a large amount of your skin, have a fever or headaches, nausea or vomiting, dizziness, severe pain, swelling or if the area looks infected.

What are the long-term consequences?

It is now clear the long-term consequences of overexposure to the sun or other sources of UV radiation are significant. One blistering sunburn at least doubles the likelihood of developing skin cancer later. Sunburn may also cause premature skin ageing and wrinkles, brown spots and freckles, development of premalignant lesions and development of skin cancer (e.g., melanoma, basal cell carcinoma, squamous cell carcinoma).

Should you be unfortunate to get sunburnt, please do not hesitate to come and see us at Bridport Pharmacy for appropriate treatment.




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About Karl Thomas
I am an experienced physiotherapist with over 40 years experience practicing in Tasmania. I previously established and ran Launceston Physiotherapy Services for over 20 years.



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Bridport Carols By The Sea



15 December 2024

The Lions Club of Bridport are again holding their annual Carols by the Sea on Sunday 15th December. Our Carols by the Sea will start earlier at 4.00 pm with pre-carols activities and a visit from Santa and his helper around 4.30 pm. We are very excited to announce we have 3 Pipers and Drummers from The Tasmanian Police Pipe Band joining us again this year.

The carols' performance will begin at 5.00 pm, to enable an earlier finish as children have school the following day. Families are encouraged to come along, bring a chair, blanket, a picnic, share in the food stalls/bbq and goodies on offer, enjoy companionship and sing along with the Lions Band, and community singing for the evening. This year we have set up a QR code for you to access the Christmas Carols directly on your devices – the QR code will be available when you arrive at Village Green.

The Carols Band will be on stage with a choir of local singers. Items are inter-mingled throughout the Carols to create an entertaining evening leading up to our Christmas season.

Come along and support this fun, family event!!!

Glen and Jan Foster

Musical Directors

Lions Club of Bridport Carols By the Sea



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Bridport Surf Life Saving Club**Nippers Calendar 2024/2025**

Date	Planned activities - subject to conditions and may need to be modified on day
Sun 1 Dec 10.30 am	Nippers Launch Come and Try Nippers
Sat 7/8 Dec	No Nippers session Woolnorth Renewable Bridport Junior and Senior Surf Sports Carnival Enjoy friendly competition at the first carnival of the year. A great way to learn about Surf Sports
Sun 15 Dec 10.30 am	Waves - Getting through them, over them and under them This session nippers will learn and practice techniques to help them in the waves—whether it be playing swimming or paddling.
Sun 29 Dec 10.30 am	First Aid and DRSABCD This session will include age appropriate First Aid and DRSABCD. Fun beach and water role-play games to practice our learnings.
Fri 3 Jan 4.30 pm	Friday Nipper Board Skill Development
Sat 4 Jan	Tasmanian Ocean Swim Series – Swim the Bridport Pier. Hosted by Bridport SLSC
Sun 5 Jan 10.30 am	We are a team! Teamwork is an essential part of being a surf life saver. This session will provide Nippers with a taster of traditional surf-team games. Beach sprint relays, board paddling relays, swim and wade relays and some fun and silly relays. Finish with the ultimate team event – Tug of War.
Fri 10 Jan 4.30 pm	Friday Nipper Board Skills Development
Sun 12 Jan 10.30 am	Rips and Currents Nippers will be taught to identify a rip and what to do in a rip. Nippers may be escorted safely across the river to experience a strong, rip like current. We want our Nippers to feel confident if they ever find themselves in a Rip.
Sun 19 Jan	No Nippers - Come and enjoy some friendly competition at Port Sorell SLSC. Surf Life Saving Tasmania Junior Nippers Carnival Port Sorrell SLSC
Sun 26 Jan 10.30 am	Rescues Nippers will learn and practice rescue techniques. They will enjoy interactive games that involve tube rescue relays, board rescues and IRB rescues.
Sat 1 Feb	Come and enjoy friendly competition at the Burnie Carnival. Surf Life Saving Tasmania Junior Nippers Carnival Burnie SLSC
Sun 2 Feb	The Great Paddle As a group, paddle across to the next beach. Learn about the Bridport coastline and how we can look after our beaches. Take 3 for the Sea. Surf Life Saving Tasmania Senior Carnival Burnie SLSC
Sat 8 Feb	Iron Ocean Series Burnie
Sun 9 Feb 10.30 am	Practice and perseverance In this session Nippers will practice a bit of everything. Broad paddling, swim/wade entries and exits, rescues and first aid/DRSABCD.
Sat 15 Feb	Surf Life Saving Tasmania Junior Nippers Carnival Carlton Park SLSC
Sun 16 Feb 10.30 am	Nippers Obstacle Course This session will involve an obstacle course where Nippers will practice all the skills they have learnt throughout the season. Senior Carnival Carlton Park SLSC
Sun 23 Feb 10.30 am	End of Season Presentations This will be the final Nippers session of the year. This session will involve an all-ages game followed by presentations and a BBQ.
Sat 2 Mar	Surf Life Saving Tasmania Junior (Nippers) State Championships, Clifton Beach
Sun 3 Mar	Surf Life Saving Tasmania Junior (Nippers) State Championships, Clifton Beach
Sat 15 Mar	Senior State Championships
Sun 16 Mar	Senior State Championships

The publishers acknowledge the Traditional Custodians of Bridport and North-East Tasmania, the leenerreter clan of the Coastal Plains Nation, with respect for Elders past and present.

Brought to you by



If you have an up coming event or something you would like to share please contact Alison for more information:

bridreport@gmail.com

A BIG thank you to the individuals, clubs and organisations and businesses who contributed to this month's issue of the Bridreport

