## **BRIDREPORT**

#### Bridports' exchanges promoted

Suggestions that Bridport have more links with its namesake in England have been promoted through a visit and gift to the town council.

During a recent vacation Bridport, Tasmania, resident Tony Scott and wife Gina made a B-line for the ancient UK village.

It followed a visit to the Tasmanian Bridport earlier this year by the then Mayor Ian Bark, who called at the Pavilion information centre and went on to meet representatives of the Dorset Council.

In a happy coincidence the Scotts were referred to Councillor Bark when they called to the tourism information centre in the centre of Bridport.

"He seemed very happy to see us and gave us a personal tour of the historic council chambers complete with stern faces of mayors down the years looking down at us from the walls."

On behalf of Bridport Innovations, a Jeff Jennings' photograph of Bridport Tasmania at sunset was presented to Councillor Bark.



Former Bridport UK Mayor Ian Bark, accepts an image of a Bridport Tasmania sunset from Bridport Innovations' vice president Tony Scott.

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11 Therese Street, Bridport 9 am - 5.30 pm

Tuesdays @ Dynamic Osteo
28 Ellenor Street, Scottsdale 9 am - 5.30 pm

#### **About**

#### **Karl Thomas**

I am an experienced physiotherapist with over 40 years experience practicing in Tasmania. I previously established and ran Launceston Physiotherapy Services for over 20 years.

#### **Qualifications and Registrations**

Graduate Diploma of Physiotherapy and Bachelor of Science (UNSW) Sports Physiotherapist - Australian Physiotherapy Association (APA)

Australian Health Practitioner Regulatory Agency (AHPRA) Australian Physiotherapy Association (APA) Components of a native timber frame and a digital copy of the History of Bridport, also compiled and edited by Mr Jennings, were also handed over.

"The reciprocal visits show that links between the two Bridports can help promote an understanding between communities on either side of the world," Mr Scott said.

England's Bridport has about 10 times the population of ours and still has buildings dating to the 1600s.

"The relationship doesn't need to be as formal as the twinning arrangement they already have with Saint-Vaast-la-Hougue, in France, but if we can be friendly hosts to people from the other Bridport and drop in to say g'day if we're passing through it's enough."

The Pavilion has a couple of souvenirs from English Bridport, including a copy of a town sign done by renowned signwriter George Biles.

It has also received regular visits from people with a connection to the village including Councillor Bark.



#### The District of Waterhouse

The Waterhouse district has at least four separate historical periods. Firstly, the area was occupied by the Trawlwoolway, Leenerrerter and Pyemmairenerpairrner clans of Aborigines. The arrival of Europeans heralded a substantial change, initially for the pursuit of agriculture as early as 1826, however it was the discovery of gold in the 1860s that had the greatest impact to the region. Notwithstanding, the discovery of gold did bring people to the district in sufficient numbers to construct a proper town, where mercantile enterprises sprang up overnight to service miners and the gold industry. Once the gold had run out, the fourth period of the district largely reverted back to agricultural pursuits, where it remains.

Explorers George Bass and Matthew Flinders, during their circumnavigation of Van Diemen's Land in 1798, successfully demonstrated that Van Diemen's Land was separated from the mainland by what is now called Bass Strait. They were responsible for many the names of places in Tasmania, including Waterhouse Point and Waterhouse Island, visited by them on 1<sup>st</sup> November 1798. They were named after Henry Waterhouse, Master of the ship Reliance, who brought the first Merino Sheep to Australia. Others named on the same day were Cape Portland (named after the Duke of Portland, Secretary of State for the Colonies) Foster Island, East and West Sandy Cape, and Ninth and Tenth Islands (the Ninth and Tenth rocky islands discovered), before moving on to the entrance to the Tamar River.

In 1826, an expedition was sponsored by an off-shoot of the NSW and Van Diemen's Land Companies, called the NSW and VDL Establishment, with the expectation seeking a land grant and establishing an agricultural company with funding from London subscribers. The expedition was promised a grant of 20,000 acres near Point Waterhouse by the Governors of NSW and Van Diemen's Land, should it be successful. Their ill-fated ship, the MV Sally, suffered a shipwreck near Waterhouse Island, which has become known as The Sally Disaster. Thirteen on board, including all women and children, drowned, whilst ten survivors made it to shore. The disaster caused the company to select land in the Cressy District, which then became "The Cressy Company".

Original land grant 'locatees' in the Waterhouse District in the early 1830s include Ellen Moriarty, William Morgan Orr and Daniel Robertson, and Thomas Williams. Other references to early settlers in the Waterhouse District include Charles Hardwicke in 1832, who was keeping sheep at Waterhouse by 1832. Hardwicke met Surveyor James Scott whilst herding about 3000 sheep across Great Forester River in 1836. This makes Charles Hardwicke one of the most prominent and earliest settler of the Waterhouse district.

Gold was discovered accidentally by a stockman in 1869, heralding the beginning of the Waterhouse Gold Rush. This gold rush opened the country to a considerable increase in people all hoping to find gold. A town sprung up with the usual spectrum of the social strata that industry brings. The town attracted transport opportunities, with the port of Tomahawk opening up at Ringarooma Bay, and Bridport benefitted from increased port traffic supplying the diggings. Whilst short lived, gold mining and town of Waterhouse grew rapidly with the construction of hotels and other accommodations for the miners.

No sooner had men rushed to Waterhouse, when gold was discovered at Back Creek in 1870, causing a rush from Waterhouse to that area. Alluvial gold was running out, leaving viable prospecting/mining to commercial operations to continue at Waterhouse. Waterhouse did yield quite a large quantity of alluvial gold, over a large area, as did large-scale commercial gold mining at Waterhouse which finally ran out in 1884, when the field was virtually abandoned.

With that, the Waterhouse district returned to its quiet days of old, with the continued mercantile process of agriculture, which continues to this day.

The Dorset Tasmania History Society aims to record and preserve the history of our region. You can contact them via their popular Facebook page or via their President, Nigel Mercer, on 0412 063 024.

#### **Tassie Scallop Fiesta**

**Expressions of interest** are invited to form a volunteer committee to consider a 2025 Tassie Scallop Fiesta.



Are you the dynamo needed on the team, interested in regional Tassie food, wine and culture? New ideas, new enthusiasm, new hands on people needed.



Good communication skills essential. Positive nature, can do attitude.

Tell us why you want to be involved and what you can bring to the team. Three positions available.

Must have email. Meetings are very limited.



If you are interested please email <a href="mailto:admin@tassiescallopfiesta.com.au">admin@tassiescallopfiesta.com.au</a> or contact the organisers on 0418 584 252.

#### **Lions Club of Bridport Inc.**

#### **Bridport Lions Club 30<sup>th</sup> Charter Celebration**



The Bridport Lions Club is 30 this year, and members celebrated with a Gala Dinner at the Bridport Golf Club, on Tuesday night, 1st October. Around 45 people dined on roast lamb and chicken followed by hearty serves of sticky date pudding and pavlova, cooked and served by members of the Bridport Croquet Club. All this was topped off with slices of festive blue and yellow cake made by the Bridport Sugar 'n Spice Bakery.

District Governor Victoria Cochrane, from Rocky Cape Lions, was a special guest. Entertainment was provided by Club President Jan Foster and husband, Glen, also an active member, who was also MC for the night. They were supported by Scottsdale singer Bobby Young, with a couple of songs from Janet Brown, a club member for 18 years.

Bridport Lions Club currently has 31 members, who work tirelessly to support our local community. A group of locals keen to have an active service organization in the area started the club, one of the oldest in Tasmania, and were sponsored by North-East Lions. An estimated 25 members were officially chartered and inducted into the official Lions organization on 30<sup>th</sup> June. 1994.

Founding local members included Doug Berwick, Rob Monson, Tom Harper, Peter Williams, Jan Dixon and Bob Child who attended our 30<sup>th</sup> Year Gala Dinner.

The first president of Lions Club of Bridport was the late Cob Stone. Craig Steel was the President of the North-East Lions Club who sponsored the Lions Club of Bridport. The club's second president, Jan Alomes/Dixon spoke at the 30<sup>th</sup> Birthday Gala dinner. In 1994 it was rare to have women in Lions, and Bridport was one of the first to include them.

Doug Beswick, still an active member, was presented with the Melvin Jones award for exemplary humanitarian services above and beyond the normal Lion commitment. Now in his nineties, but looking way younger, he is always on hand to help at community functions, supported by his wife, Valerie.

A quiet, but very significant and highly valued financial supporter of the club has always been local businessman and life member, Mathew Bayles. He's never failed to help out with funding and/or in-kind support for local Lions projects, including the skate park, half-court basketball court, the original Lions catering caravan and the major refurbishment completed in 2024, as well as the supply and set up of the club's storage container.

Other Lions projects include The Lions Adventure Playground, a rescue vehicle for the Bridport Surf Life Saving Club, Security Lights in the Main Street and providing several defibrillators around town.

Popular functions are the Barnbougle Golf Day, Carols by the Sea, Easter Egg Hunt, the Annual Show and Shine Car/Bike Show, Clearing Sales, Community Catering and the Bonfire and Fireworks Night.

Lions Club of Bridport regularly support local community organizations – Bridport Primary School, Scottsdale High School, Rural Alive and Well, Childhood Cancer Research, Need for Feed – NE Community, Neuroendocrine Cancer Research, Cystic Fibrosis Tasmania, Samaritans Purse – Christmas Shoe Boxes, Parkinson's Research and our Bridport Men's Shed.

If you are interested in joining Lions Club of Bridport please contact Jan Foster – President (0417 518 811) or Leonie Johnston –

**Leonie Johnston** Secretary, Lions Club of Bridport Mobile 0438 281 352



## A Orchid that needs fire to flower by Lou Brooker

Field Naturalists have had their eyes open looking for orchids recently. Those tiny, delicate flowers on slender stalks, most of them less than 20 cm tall. Easily missed if one is on a bush walk.



I've written before about

the effects of the February bushfire on the vegetation in the Waterhouse Conservation area and how various plants are affected in different ways. Well, one orchid, called a Red beak is not so tiny and delicate. Rather more robust and definitely saying "look at me!!" This orchid NEEDS a hot fire to flower and that's the sort of fire that Waterhouse experienced in February this year.

Two of our Field Nat friends went bush at Waterhouse recently and spotted and photographed a group of red beaks in flower. They drew me a mud-map of how to find this patch, but three days later, they were past their best. This spectacular flower only lasts a couple of days; in that sense it's truly ephemeral. When not flowering, it can be recognised by its large single dark green leaf with red markings. Oval in shape, it lies flat on the ground and can measure up to 6mm. There can be a single flower or multiple flowers as in the second picture.

I keep wanting to call this orchid the "fire orchid" because its genus name is *Pyrorchis* which is a reference to the Greek word 'pyr' meaning fire. Its species name is 'nigricans', and this refers to the fact that when the orchid is pressed, it turns

black.



Photos

Right:

Anne Witherden

Top:

Lou Brooker

#### **Bridport Golf Club**



#### **Mygolf**

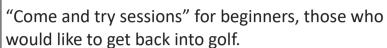
For Juniors during Term 4 @Bridport golf club. Every Monday after school, 3.30 pm-4.30 pm.



Come and try for beginners as well as playing sessions for regulars.

#### **Get into Golf**

For teenagers, women and men.



Every Sunday morning at 10.30 am.

All sessions are free of charge.

All equipment is supplied or bring your own

Please register using the links below.

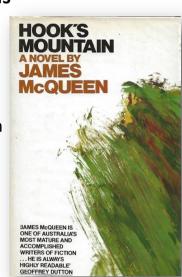
Mygolf: <a href="https://www.golf.org.au/mygolf/home">https://www.golf.org.au/mygolf/home</a>

Get into Golf: <a href="https://www.golf.org.au/getintogolf/home">https://www.golf.org.au/getintogolf/home</a>

#### A Local Page-turner by Mike Douglas

James McQueen, a noted Tasmanian author and recipient of several literary awards, once lived at Nabowla. His wife Barbara, taught English at Scottsdale High School.

He wrote a powerful novel centred on Blumont, the prominent landmark overlooking the township.



In the book, Nabowla has the name Myola, a village on the Kokoda Track, which has a certain significance.

A principal character is Lachlan Hook, a stranger who arrives from the mainland, buys land on Blumont and erects a cabin.

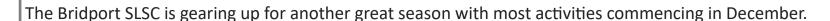
Although troubled by his wartime experiences in New Guinea, Hook shows he is still a man to be reckoned with when pine plantations threaten his surrounds.

The other main personality is Arthur Blackberry, a loner living in a ram shackle cottage on the outskirts of Myola. He does odd jobs and supplements his diet with stews made from fresh roadkill.

A host of minor characters, some loosely modelled on local, state and national individuals appear in this thriller, including at least one real person - former Bridport identity Arthur Dobson.

First published in 1982, Hook's Mountain is still a potent read but is not for the faint-hearted. You can order it through your local library.

#### **Bridport Surf Life Saving Club**





Beach patrolling will commence in December and run through until the end of February. This season, qualified surf life savers will patrol Goftons beach on weekends and public holidays. There will also be daily patrols throughout the Christmas and New Year period. The club is always seeking new members to help with patrols. If you are interested in getting involved please email <a href="mailto:secretary@bridportSLSC.org.au">secretary@bridportSLSC.org.au</a>.

Patrolling members undertake training to obtain their Surf Bronze Medallion which includes first aid, rescue techniques and beach management. There is a fitness test that includes swimming and running. As part of the club's commitment to child safety, all members are also required to hold a valid Working with Vulnerable People card.

On the 7<sup>th</sup> and 8<sup>th</sup> of December the club will host the Surf Life Saving Tasmania Statewide Surf Sports Carnival which will bring over 400 people to Bridport from across the state to compete in the Junior and Senior events over two days of competition. We are aways seeking volunteers to help on the day. If you are available and willing to assist on a BBQ or in the canteen, please contact <a href="mailto:secretary@bridportslsc.org.au">secretary@bridportslsc.org.au</a>

We look forward to seeing you on the beach soon.

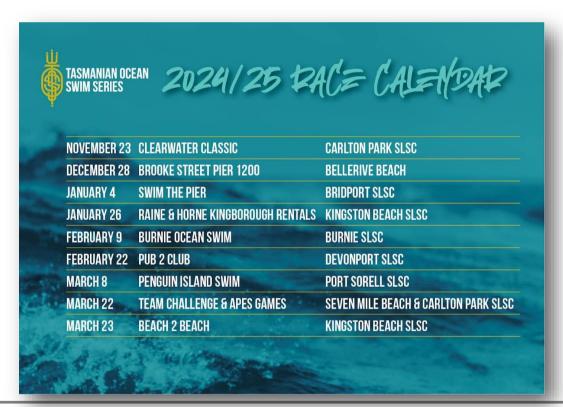
#### Have you considered becoming a Surf Lifesaver?

Bridport SLSC will be delivering Bronze Medallion and Surf Rescue Certificate courses throughout November and December. For course enquiries please contact Mick 0415 215 266 or <a href="mailto:secretary@bridportslsc.org.au">secretary@bridportslsc.org.au</a>

Courses are free for members. In return we ask that you contribute to at least two patrols throughout the season. Come and be a

part of a fabulous community organisation.





#### **U3A Bridport Seniors Group**

# All Seniors welcome Wednesday 10 am to 3 pm Bridport Hall



November 6	10 am 10.30 11 12.30	Tea/Coffee/Chat Chair exercises with Dee \$5.00 Bingo Lunch at The Bay Inn followed by cards	November 20	10 am 10.30 11.00 12.30	Tea/Coffee/Chat Chair exercises with Dee Plant swap Lunch followed by card/board games
November 13	10 am 10.30 11-12.30 12.30	Tea/Coffee/Chat Chair exercises with Dee \$5.00 Guest speaker Tony Scott Lunch followed by card/board games	November 27	10 am 10.30 11.00 12.30	Tea/Coffee/Chat Chair exercises with Dee Trivia Lunch followed by card/board games

#### **All About Suncream**

With summer around the corner, it is time to learn about sunscreen. Sunscreen is an important part of a complete sun protection strategy to safeguard your skin against sun damage and skin cancer. But sunscreen alone isn't enough to keep you safe in the sun.



Sunscreen includes active ingredients that help prevent the sun's UV radiation from reaching your skin. Here's how the two types of sunscreen work for you:

- 1. Physical (mineral) sunscreen ingredients (including the minerals titanium dioxide and zinc oxide) reflect and scatter the rays (like a shield) before they penetrate your skin.
- 2. Chemical sunscreen ingredients (like avobenzone and octisalate) absorb UV rays (like a sponge) before they can damage your skin.

What's the difference between SPF30 and SPF50+?

The SPF rating indicates the amount of UVB radiation that potentially reaches the skin if the sunscreen is applied according to directions. For example, SPF30 is estimated to filter 96.7% of UVB radiation with 1/30th (3.3%) of UV reaching the skin. SPF50 is estimated to filter 98% of UVB radiation with 1/50th (2%) reaching the skin. Both can provide excellent protection if they are applied properly.

The higher SPF offers the same level of Ultraviolet B (UVB) protection, with added Ultraviolet A (UVA) protection. UVB is the major cause of sunburn and increased skin cancer risk, while UVA contributes to ageing of the skin, as well as higher skin cancer risk.

Cancer Council recommends using any sunscreen that is labelled broad-spectrum, water-resistant and SPF30 or above every day when the UV index is forecast to be 3 or above. Check the expiry date, as products that are past their use-by date will not give proper protection. Sunscreen should be applied 20 minutes before going outdoors. It needs to be reapplied at least every two hours, irrespective of the water resistance of the sunscreen, and should be reapplied after swimming, sport, sweating and towel drying.

Lastly, remember that sunscreen should always be used in combination with other sun protection measures, including wearing sun protective hats, protective clothing, sunglasses, and seeking shade. Please do not hesitate to ask the staff at Bridport Pharmacy about Sunscreen.



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#### **Suicide Prevention Training**

Lions Club of Bridport teamed with CORES (Community Owned Response to Eliminating Suicide and RAW (Rural Alive and Well) who presented Suicide Prevention Training at The Bunker Club on Tuesday 22nd October. This free Training is designed to provide individuals to identify and respond to a person at risk of suicide and build on a community's capacity to eliminate suicide.

We had 9 North East Community Members successfully complete the Training Day who now have the skills to:

- Use the language given in the National Communications Charter: Suicide Language Guide, to have safe and respectful conversations around suicide
- Recognise the warning signs of suicide
- Identify and develop personal self- care strategies
- Promote help seeking behaviour before a crisis occurs
- Identify and promote protective factors
- Identity how to support a person at risk to access appropriate services and to develop their own safety plan

Another Suicide Prevention Training Day is scheduled for Branxholm Community Hall on Tuesday 19th November, if you would like more information:

Enquiries: paige@kentishrc.com.au or 64 91 1552 Bookings: https://events.humanitix.com/cores-spt-branxholm

Thank you to Rebecca Reid (CORES) and Sheryl McCarthy (Dorset Suicide Prevention Network) for providing this opportunity to our North-East Community.

Leonie Johnston, Secretary, Lions Club of Bridport.

#### **Remembrance Day Service**



A 20 minute service will be held on **Monday 11 November 11 am** at the Bridport Cenotaph to honour men, women, animals and civilians who have given their lives in past conflicts.

Wearing of poppies is appreciated and we encourage wreath laying by individuals or groups.

Refreshments will be provided at The Bunker afterwards.



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SATURDAY 7TH DECEMBER, 2024 9AM-5PM





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# **Bridport** Village Market

"Where Community comes together"

#### **Spring Market**

**Bridport Community Hall** Long Weekend, November 2nd 2024 XMAS market December 7th 2024 9:30am - 1:00pm

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November 2024 to Easter 2025 on the Village Green

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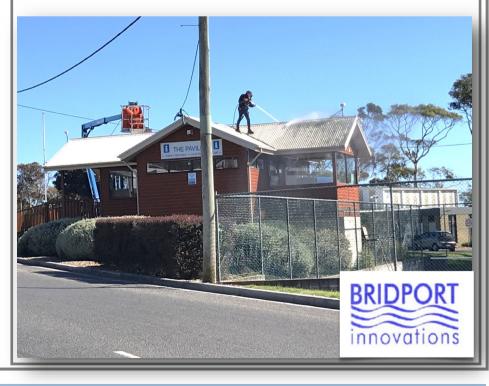


To book a stall or site call Viv: 0457 622 221 Email: bridportvillagemarket@gmail.com

Facebook: Bridport Village Market Proudly run & supported by CWA Bridport Branch, Tasmania

The Pavilion Visitor Centre's fresh new look inside following its painting and new floor coverings, has now been replicated outside. Thanks to Dorset Council for extending their regular gutter cleaning, to include a roof washing pressure spray this year. Looks great!

Contactor Greg "The Guru" Martin is seen hard at work sprucing up our Pavilion in time for the high seasonal summer tourist load. Thanks to Council and Greg.



Brought to you by



If you have an up coming event or something you would like to share please contact Alison for more information:

bridreport@gmail.com

A BIG thank you to the individuals, clubs and organisations and businesses who contributed to this month's issue of the **Bridreport**