

# BRIDREPORT

Bridport residents who always enter and exit the town via the Scottsdale road may not be aware that there is a new shared pathway, starting at the top of Main Street opposite the Golf Club entry and leading out to the turn into Port Hills.

This is a safe and useful path for anyone wishing to walk or cycle along what has become a busy section of road. Thanks to Dorset Council for a job well done.



This report kindly brought to you by



Richard L. Easterbrook  
Chartered Accountant

134 Waterhouse Road, Bridport

Phone 0418 137 627

Call me to discuss your  
accounting requirements

## Bridport Village Market

*"Where Community comes together"*

March Long Weekend

Bridport Community Hall

Saturday 12th March 2022 9am - 12:30pm

*Goods proudly Crafted, Baked & Grown here in Tassie!!*

*Live music, Bric a Brac & much more ...*



To book a stall or site call

Viv: 0457 622 221 Leesa: 0428 661 612

Email: [bridportvillagemarket@gmail.com](mailto:bridportvillagemarket@gmail.com)

Facebook: Bridport Village Market

*Proudly bought to you by the Bridport Branch of CWA*





### North East Tasmanian Field Naturalists Club Inc.

Because temperatures are on the whole 10 degrees lower in the highlands of Tasmania, it stood to reason that on a day when it was 'pleasant' at sea level, it was 'freezing' on Ben Lomond. Well, not quite, but a couple of extra layers of clothing were required when Field Nats went there a couple of weeks ago. Mike Douglas was leading a 5km walk which started at the ski village and followed the Little Hell pole line to the highest point of 1546 metres.

The Ben Lomond Plateau is the second highest area in the state. It has the most extensive boulder fields in the state stretching for a couple of kilometres at its base; the ski village is entered by a steep and windy drive up 'Jacobs Ladder', where the dolerite stacks are truly impressive. Don't take your eyes off the road, though.

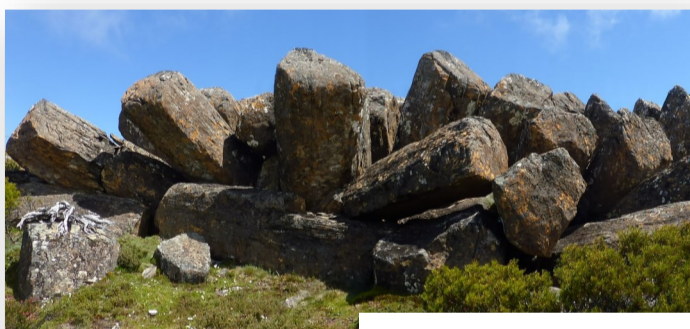
The plateau consists of boulders, dolerite columns planed off by ice, and tarns or 'little lakes'.

A freeze and thaw process loosened these dolerite blocks and separated them some 10,000 years ago.

The plateau is treeless but not without vegetation. The plants have to be very special to survive the extreme weather conditions; that means not only snow and ice in winter but drying winds and bright sunshine in summer. The most common shrubs are only about a metre high. There is the famous richea, a dense prickly shrub, and the mountain rocket whose white flowers in spring have changed into distinctive red fruits by late summer.

Closer to the ground are the alpine wildflowers. The snow gentians were flowering everywhere along with silver snow daisies. Cushion bushes are colonies of plants growing to form clumps like cushions and they are often studded with red berries.

Ben Lomond is well worth visiting in both summer and winter.



Blocks of dolerite stacked



Clumps of Snow Gentians

Richea and Mountain Rocket



### Bridport Probus Club



The Probus Club of Bridport is in full swing in 2022 with an enjoyable picnic lunch by the beach in January and a guest speaker in February.

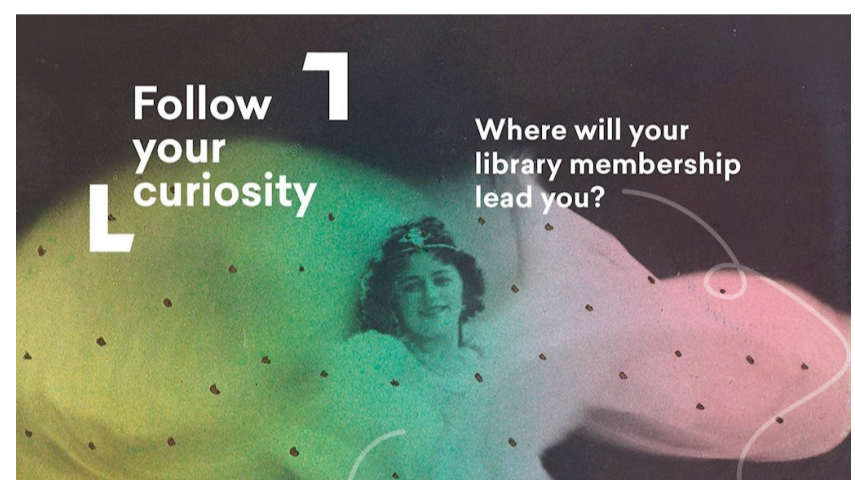
The Club meets on the fourth Friday at the Bunker at 10.30am followed by lunch at midday.

New members welcome! Come along for fun, friendship and fellowship with the enjoyable activities and outings.

Pat Child 0407 687 853

Helen Schuurin 0428 340 579

### Libraries Tasmania



Have you ever wondered what a library membership could mean for you?

You might be asking... "what can I access for free?" or "will a library membership suit my busy lifestyle?"

Having a library membership can make your life easier and open your world to information and resources that you may not be able to access otherwise.

You can access our free online and physical resources from anywhere in the state if you're a library member, it's easy!

Members get free access to:

- eBooks and eAudiobooks
- online magazine and newspapers
- TV, film and music streaming
- books, CDs and magazines
- bilingual books and newspapers
- online language and literacy courses.

#### Do you know your child can become a library member?

Children can become a member from birth and have their own personal library card.

### Bridport Library

Main Street Bridport Tasmania, 7262 6778 8581	Monday Wednesday Friday	1:00 pm - 5:00 pm 1:00 pm - 5:00 pm 1:00 pm - 6:00 pm
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## March is Hearing Awareness Month by Dr Jo Grey



1 in 6 Australians experience hearing loss. You can have trouble with your hearing at any age, but help is available and there are ways to stop hearing loss from getting worse.

### What is hearing loss?

Hearing loss makes it difficult or impossible to hear speech and other sounds. There are different types of hearing loss, and they can range from mild to severe. Some types of hearing loss are temporary, and some are permanent.

There are several types of hearing loss:

- **Auditory processing disorders:** when the brain cannot process sound. **Conductive hearing loss:** when there is a problem with the outer or middle ear, so sound cannot pass through to the inner ear.
- **Sensorineural hearing loss:** this occurs when the hearing organ, the cochlea, and/or the auditory nerve are damaged or malfunction so they are unable to accurately send electrical information to the brain.
- **Mixed hearing loss:** with this type, there is both conductive hearing loss and sensorineural hearing loss.

### What are the symptoms of hearing loss?

The first signs of hearing loss can be hard to notice and might include:

- having trouble hearing in noisy places
- having trouble hearing conversations and understanding what people say
- have trouble understanding people unless they are facing you, or often needing to ask people to repeat themselves
- hearing sounds as muffled, as though people are mumbling
- needing to have the TV up louder than other people
- often missing your phone or the doorbell ringing
- hearing a constant buzzing or ringing in your ears (tinnitus)
- finding that loud noises cause you more discomfort than previously.



### What causes hearing loss?

Hearing loss can be caused by:

- years of exposure to noise, which is especially true for people who work in loud environments, such as live music venues, mining, building or farming
- ear infections
- a head injury
- exposure to certain chemicals or medications including aspirin, some antibiotics and cancer drugs
- listening to very loud music with headphones.

Nearly everybody finds their hearing gets worse as they get older. In some cases, genetics plays a part — and some families develop hearing problems earlier in life than other families.

### When should I see my doctor?

If you are concerned about your hearing and are experiencing any of the symptoms of hearing loss listed above, see your doctor.

For more information about hearing loss see [Hearing Australia - www.hearing.com.au](http://www.hearing.com.au)

### How is hearing loss diagnosed?

Hearing loss is diagnosed with a hearing test. This is done by an audiologist.

### How is hearing loss treated?

In most people, hearing loss cannot be reversed, but there are treatments available that can help you improve your hearing, including:

- hearing aids
- cochlear implants and
- surgery

*Continued on page 4*

## March is Hearing Awareness Month by Dr Jo Grey *(continued from page 3)*

### Can hearing loss be prevented?

Most types of hearing loss are permanent, so it's important to prevent hearing loss before it occurs. If you do have damage to your hearing, you can still try to stop it from getting worse.

The best way to protect your hearing is to limit your exposure to loud noises. That means both loud noises on individual occasions, and over the course of your lifetime.

To prevent damage to your hearing:

- keep your music, TV and radio down — you should be able to easily talk to someone 2 metres away
- at clubs, live music and other loud events, wear earplugs, take frequent breaks and give your hearing 18 hours to recover afterwards
- wear earplugs or ear protection equipment, such as earmuffs, in noisy workplaces
- if you use headphones or earphones, limit use to an hour at a time then take a break
- if you can, use headphones or earphones that block outside noise
- don't listen to music at more than 60% of the maximum volume.

Workplaces have rules about noise levels, but you need to make sure they are being followed. If you are concerned about your hearing, your doctor can put you in touch with an audiologist, who will test your hearing and suggest ways to limit any further damage.

Find out more about hearing loss prevention and the Australian Government's [Hearing services program](http://www.hearingservices.gov.au) - [www.hearingservices.gov.au](http://www.hearingservices.gov.au)

### How loud is too loud?

You're probably exposing yourself to dangerous noise levels if:

- if you need to shout to be heard by a person 1 metre away from you
- you're listening to music through headphones and can't hear traffic sounds or people talking near you.

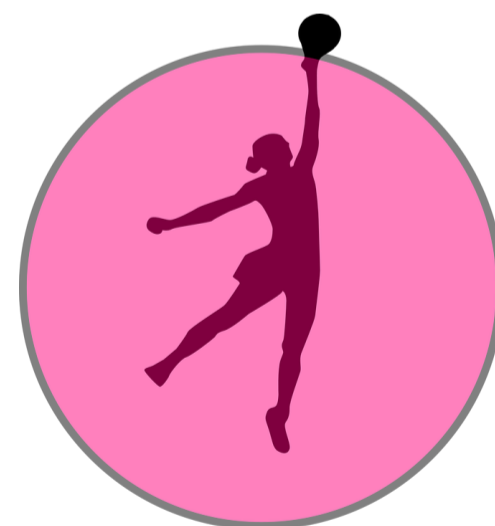
If you hear ringing in your ears after an event or a day at work, it was too loud. If you have a lot of days like that, you will almost certainly damage your hearing.

Technology, including some phone apps, can also help. You can find out more about technology for hearing loss at [Hearing Australia's website](http://www.hearing.com.au) - [www.hearing.com.au](http://www.hearing.com.au)

## Bridport Netball Club

Bridport Netball Club held their AGM this month and the following positions were filled:

President	Grace Cornish
Vice President	Kelsie Mitchell
Secretary	Michelle Beeson
Treasurer	Katie Hall
Public Officer	Kristen Moore
Roster Secretary	Kelsie Mitchell
Game Day Coordinator	Nikeshia Williams
Committee Members	Karen Milne Tennielle Gerke



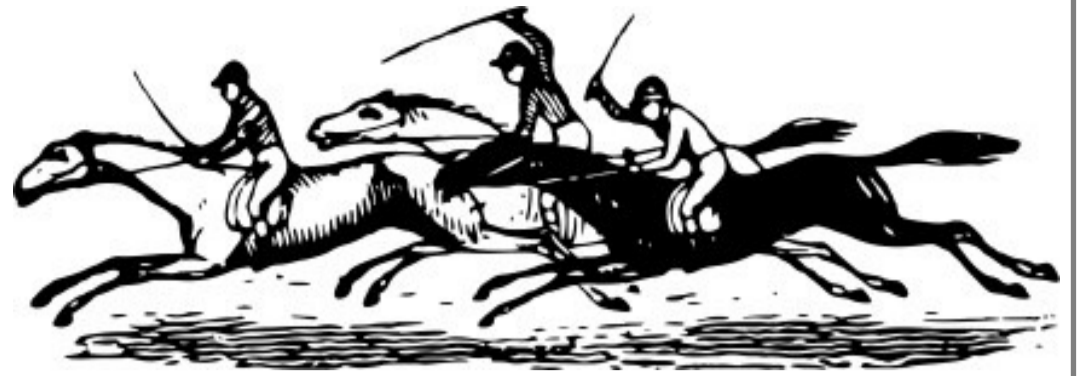
Would like to thank all committee members past and present for doing a lot of work behind the scenes to make sure the club runs smoothly. A massive thank you to Karen Milne who has been involved in the club for many years and has been the longest serving president, having an immense impact over the last 9 years. We would like to acknowledge and thank her for her contribution to not only the Bridport Netball Club but also to NENA over the years.

If any one is interested in playing this year or being involved in any way please get in touch with one of our club members or contact Grace on 0439498944.



## The Bridport Races

Horse racing was not only first conducted on the North East Coast at Bridport in 1870, but flourished in the area for many years. The Bridport races were first held at the annual Boxing Day Sports and Entertainment event, in front of about 200 settlers and their families.



The first race was The Bridport Purse, which restricted entries to horses that had never won a purse before. The entry fee was ten shillings and the distance was over three miles. This first race had five entries and was won by Mr Bonsor's grey mare. The prize for the first race was a £5 Saddle and Bridle. These races were held in conjunction with foot races and other sports. The second horse race that day was the hurdles, four feet in height and over three miles. This was won by Mr L Richardson on his horse, Ben Bolt. The third horse race was the Hurry Scurry Stakes, over a distance of two miles. There were four entrants, and the race was won by Mr Bullman's bay horse.

The early races were held on the main road, where Messrs Brewer and Boyd used their Magisterial courtesy to give permission. Early races were often impromptu challenges made in the Forrester Hotel. In one such race in 1879, a purse was collected in the hotel and Messrs Counsel and Joyce, both of Scottsdale, were most successful in carrying home most of the money. Many side bets were made, with a lot of money often changing hands.

During the annual Boxing Day Races, the final race may have signalled the end of the day, but not necessarily the racing. At the end of the day, further impromptu challenges were often made between entrants to race home to Scottsdale, The Piper and other nearby locations.

The Bridport Races became an annual Boxing Day event, with the Bridport Plate, Hurdle, Hack, Cart Horse (ridden bare back), Consolation and Ladies Races on the program. Race day was well patronised and a good luncheon was had by horse owners in their many booths. Races were conducted in an orderly manner, with few incidents involving liquor, often ending in a dance at Mr Jones' Forrester Hotel. One report noted that the Bridport Races were always enjoyable, whether you rode a horse or drove, even if all you had was shank's pony to get there, a good day out was promised.

*The Dorset Tasmania History Society aims to record and preserve the history of our region. You can contact them via their popular Facebook page or via their President, Nigel Mercer, on 0412 063 024.*

## Bridport Pavilion

### New to Bridport?

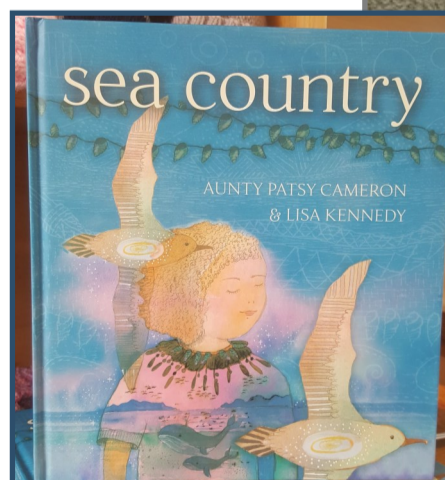
Call in to the Pavilion Information Centre daily 10 am - 4 pm for a copy of Welcome to Bridport. Four pages of information to help you find services and organisations to help you become a "local".



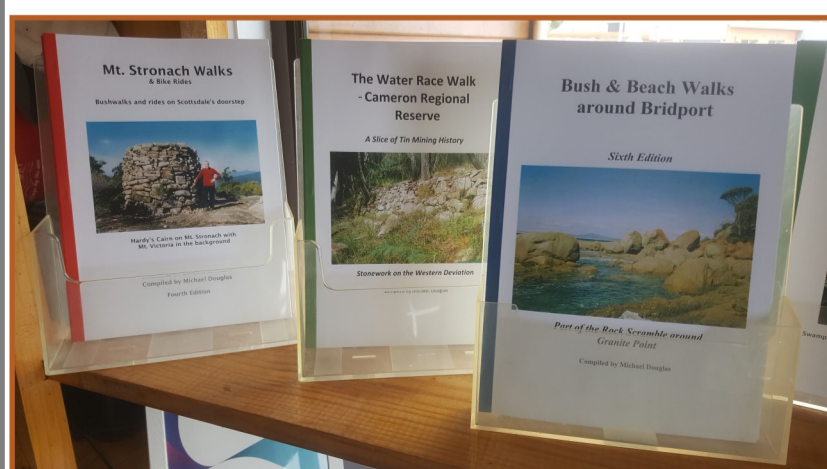
### Gifts ideas galore at Pavilion Visitor Information Centre

All made in and around Bridport:

- ◆ Ducane Kunzea oil
- ◆ Hand made squishy tote bags
- ◆ Small pines cheese or sushi boards
- ◆ Large rustic pine cheeseboards and trays
- ◆ Bespoke shell and pebble frames - perfect for your beach shack or memento of your golf experience
- ◆ Large knitted unicorns
- ◆ "Sea Country" by Aunty Patsy Cameron



Cute! Large snuggly locally made unicorns



Love walking and exploring?  
Then the variety of Walks booklets by our own guru Mike Douglas is for you!





## Bridport Country Women's Association



Not just tea n scones continues...snippets from an ABC article by journalist Laura Beavis, May 2018.

In the 80 years since it was established, the Country Women's Association has often used food as a tool to promote social change. "It has been said that if you want to attract a politician's attention you give him something to eat and once his mouth's closed his mind will open for you." The organisation has used the ploy in the past to campaign for women and children's interests in areas as diverse as food and housing security and access to medical marijuana and telecommunications services.

Women's Association (CWA) Tasmanian president Lindy Cleeland scrapes a mixture of chocolate and hemp seeds from her palms as she takes a break from rolling truffles. "CWA ladies are not afraid to get our hands dirty and we're also not frightened to handle the sticky issues — that should be the headline," she laughs. She's spent the afternoon navigating a small kitchen in a rented cottage in the northern Tasmanian city of Launceston with two other local CWA members. They're assembling hemp seed-coated chocolate truffles and hemp seed-infused shortbread biscuits, which they plan to offer for free to patrons at the sprawling Agfest field days at nearby Carrick. The tasty mouthfuls are set to become a weapon in the CWA's latest mission: to promote hemp seeds as a healthy, locally-grown food product.



The Tasmanian branch of the organisation chose hemp as its primary product of the year and encouraged its members to use the plant in cooking, sewing, craft and agriculture.

The Bridport refurbished CWA hall is available for hire from March 1.

Enquire at [cwabridporthire@gmail.com](mailto:cwabridporthire@gmail.com)

**DONT FORGET!** The Bridport village Market returns on the long weekend, Saturday March 12...a variety of indoor and outdoor stalls ...ring Viv 0457 622 221 for further information.





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**THE NORTH EAST FOOD DESTINATION...**  
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### A Hidden Reserve by Mike Douglas

Only a fraction of the original vegetation bordering the Brid River is now extant. We have a fringe at Bridport, easily viewed from the River-Forest Truck.

Just south of Bridport, where the river flows around the base of Duncraggen Hill, there is a little-known 85 hectare Crown river reserve surrounded by State forest.

This forested reserve is an important relic, a reminder of the days before widespread clearing for grazing and plantations.

Large parts of this reserve have been debased by illegal firewood cutting, an activity rife with Tasmania.

One of the worst aspects of this assault is the loss of hundreds of old habitat trees. In places, woodhookers have cut down large eucalypts almost right on the banks of the river.

Despite these depredations, there are attractive sections with big, old whitegums, blackwoods and silver wattles plus a fair mount of birdlife.

The platypus Pool Circuit is a bushwalk through the reserve on a rough track and is well worth a visit. Allow about two hours for the walk. A route description with map is available as a freebie at the Pavilion and at the Art Gallery Café in Scottsdale.



Brid River near Duncraggen Hill

### U3A (University of the Third Age)

The U3A (University of the Third Age) over 60's Social Group has commenced on Wednesdays, 10 am to 3 pm at the Bridport Hall.

A wonderful opportunity to get together for meals, exercises, outings, guest speakers, activities, films and games (cards etc).

Cost is \$20 per year and \$2 each week to cover tea and coffee. Lunch at our expense or bring your own.

The program is flexible and input and ideas are most welcome. COVID rules and masks to be worn.

For more information contact: John McCloy 0428 214 844 / Pat Child 0407 687 853

**U3A Seniors Group welcomes Exercises with Dee from Wednesday 2nd March at 10.30am at Bridport Hall. \$5 session. All welcome.**



Hair ♦ Beauty ♦ Barbershop  
Shop 3, 87 Main Street, Bridport  
Ph: 6356 1944

**Bridport Cafe**  
**Summer Trading Hours**  
**Open 7 days - 7am to 4pm**  
**Dinner Fri-Sun 5.30 - 7.30pm**  
**Coffee Van at Old Pier 7am - 1 pm**

Private function catering available  
Contact: 0477 592 237

Support local business

**BRIDPORT NEWS AGENCY**  
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- House cooked meals
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- Homewares
- Local cheeses/biscuits and goodies
- Locally grown veggies
- Scallop, lychee & bacon kebabs

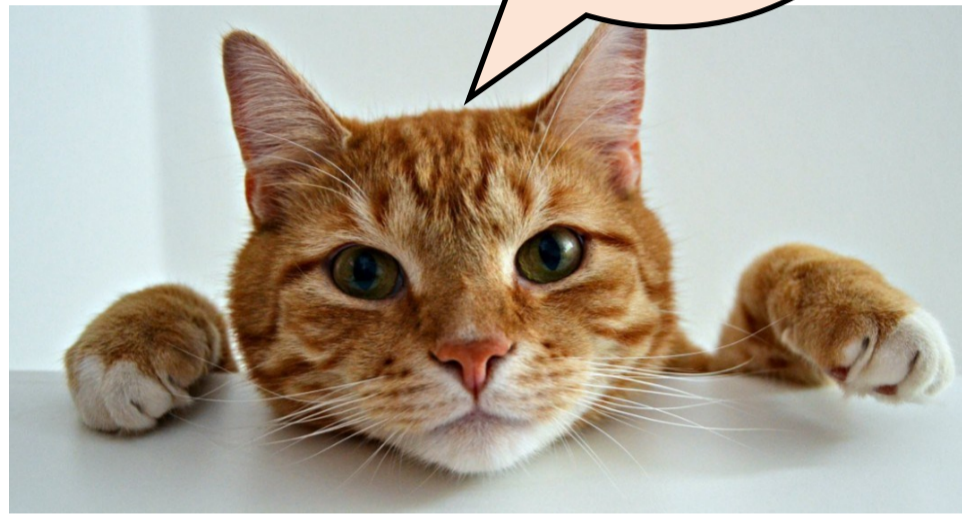


### Cat Management Act changes 1 March 2022

Did you know that Cat Management Act 2009 changes came into effect from Tuesday 1 March 2022?

These include compulsory microchipping and desexing of cats, keeping a maximum of four cats, changes to breeder registration, and removal of the option of a care agreement on the sale of a cat.

More information is available on the TassieCat Facebook page or their website [www.tassiecat.com](http://www.tassiecat.com) under the legislation menu item.



### Bridport Golf Club



#### MyGolf

For junior girls and boys up to grade 6. Monday afternoons after school. 3.15-4.30pm. Beginning Monday 14<sup>th</sup> Feb. The golf club will supply equipment and the sessions are free. Please register at [mygolf.org.au](http://mygolf.org.au)

#### Get into Golf

Continues every Sunday morning at 10.00am-12.00. For women and girls, to come and try or get back into golf [golf.org.au/getintogolf](http://golf.org.au/getintogolf)

#### Get into Golf - Come and Try

Continues every Sunday for Men and boys at 10.00am-12.00. Register @ [golf.org.au/getintogolf](http://golf.org.au/getintogolf)

For more information contact:

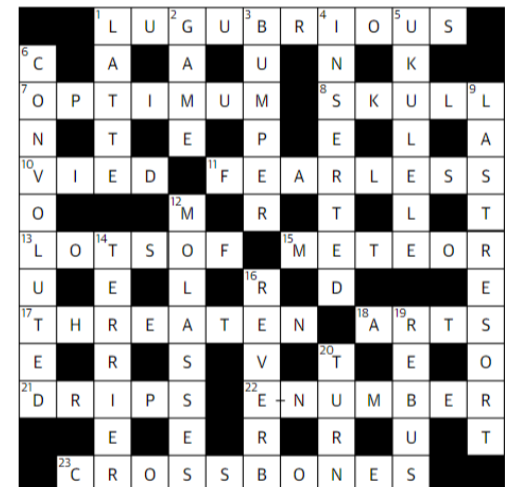
Lindy 0409 291 058

Mandy 0438 552 224

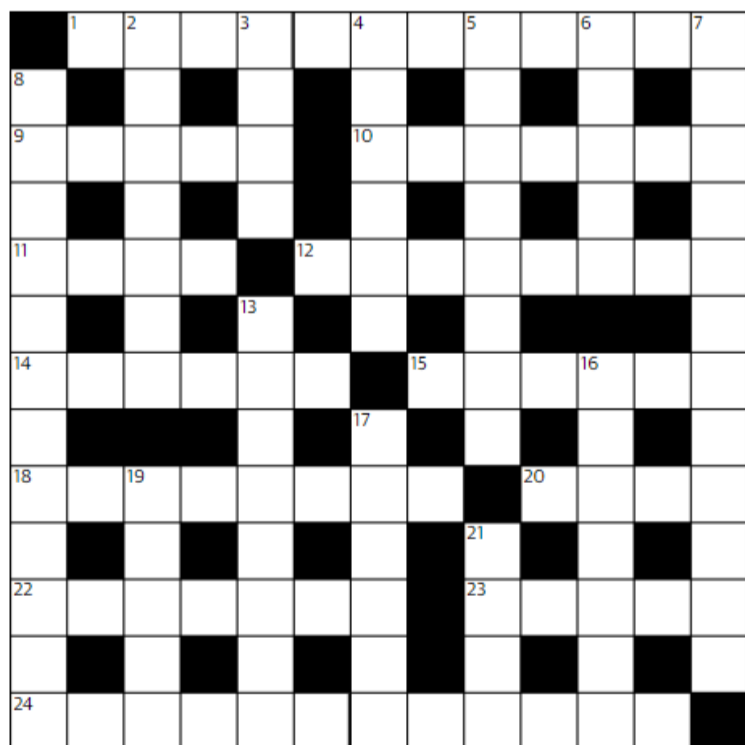


**WANTED** articles for upcoming events and/or wrap-ups - general informative articles - please email: [bridreport@gmail.com](mailto:bridreport@gmail.com)

#### February Answers



#### Quick crossword - Free from theguardian.com - Answers in April Bridreport



#### Across

- 1 Investigator of insurance claims (4,8)
- 9 C-E-R-E-A-L? (5)
- 10 Devilish (7)
- 11 Immoral behaviour (4)
- 12 Royal residence in Scotland (8)
- 14 Pooh's feline friend (6)
- 15 Solemn promise (6)
- 18 Lack of assertiveness (8)
- 20 UK elevator (4)
- 22 In an illegal or improper position (7)
- 23 Female singing voice (5)
- 24 Long-limbed South American primate (6,6)

#### Down

- 2 Job opportunity? (7)
- 3 Place (4)
- 4 Fill with apprehension (6)
- 5 Inopportune (8)
- 6 Male singing voice (5)
- 7 Memory (12)
- 8 Showy (12)
- 13 Latest time for finishing something (8)
- 16 Moisten with fine drops (7)
- 17 Rivulet (6)
- 19 Civilian dress (5)
- 21 Prophetic sign (4)

Brought to you by



If you have an up coming event or something you would like to share please contact Alison for more information: [bridreport@gmail.com](mailto:bridreport@gmail.com)

A BIG thank you to the individuals, clubs and organisations and businesses who contributed to this month's issue of the Bridreport

