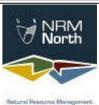
Volume 15, Issue 04

Email your article to: paviliondsl@tadaust.org.au









March, 2013





Bluebottle stinger found on Adams beach in January 2012

During the summer months coastal visitors should be aware that 'bluebottles', also known as Pacific Man O'War jellyfish, occasionally occur on beaches and within the coastal waters of the Dorset Municipality. Bluebottle tentacles can reach 10 metres in length and can cause painful stings, and in more severe cases may cause muscle pain, nausea and vomiting.

To treat bluebottle stings, the St John Ambulance First Aid Manual recommends that you:

- 1. Pick off any adherent tentacles with your fingers (gently in seawater if possible)
- 2. Rinse the stung area well with seawater to remove invisible stinging cells
- 3. Place the stung area in hot water and
- 4. If local pain is unrelieved by heat, or if hot water is not available, apply a cold pack or wrapped ice for pain relief

In more severe cases seek medical assistance.

Jay Wilson, Executive Officer Dorset Natural Resource Management Inc

PO Box 21, Scottsdale, Tasmania 7260 Phone (03)63526537 FAX (03)63526509

E-mail - jwilson@dorset.tas.gov.au

Operating with the assistance of Dorset Council and the Australian Government's 'Caring for Our Country' program through NRM North



Bridport Girl Guides are helping St Vinnies with a CAN FOOD DRIVE

Please help the less fortunate if you can with a can of food. Collection boxes can be located at the B.P. school office and The Pavilion - Information Centre





Dorset Council Community Email Bulletin

Welcome to the February 2013 issue of the Dorset Council Community Email Bulletin.

Latest News

Council Budget Planning 2013/2014 Dorset Council will soon commence budget planning for the 2013/2014 financial year and invites community groups to submit applications for the funding of projects they have identified as a priority.

Public Comment invited on Proposed Loading Zones in the Scottsdale CBD

The proposal regarding the implementation of loading zones in the Scottsdale CBD is now available for viewing and comment at the Council Offices

Keep up to date with all Council's latest news by regularly checking the latest news section of our website www.dorset.tas.gov.au

Community Update

Grant Writing Workshops

presented by DPAC Tuesday 12th March Session 1 at 11:30am – 2pm and Session 2 at 5pm – 7:30pm at the Scottsdale RSL

Ever wondered how to write a really good grant application for your school, club or community organisation? Included in the sessions will be an update on Dorset Council's Community Grants for 2013/14.

To RSVP - call Tracey on 03 6352 6500 or email tcrack@dorset.tas.gov.au

Round 2 of the 2012/13 Dorset **Council Community Grants** is open and applications can be

found on the Dorset Website. Please note that these grants are for up to \$2000 which must be spent this financial year i.e. before June 30th 2013.

Digital TV Update – Satellite Subsidy Scheme Commenced

For those residents who have optedin, SSS installations have commenced. If you would like

to take advantage of the scheme, residents have until the 9th May 2013 to do so.

What is the Satellite Subsidy Scheme? Residents who cannot receive

all standard definition

free-to-air channels (e.g. ABC2, SBSTWO, 7TWO, GO!, Eleven) may be eligible for the Satellite

Subsidy Scheme: for a once off cost of \$220 they receive a Satellite Dish, cabling and special

Set Top Box all installed by a qualified technician. [Austar and others charge a monthly fee.]

If the household is also eligible for the Household Assistance Scheme [HAS] there is no cost what so ever!!! For more info on SSS go to the link below:

http://www.digitalready.gov.au/ government-assistance/satellite-subsidy -scheme.aspx

Learn how to grow old

disgracefully at the Positive Ageing course running Wednesdays in March. We want to hear from you if you would like to learn about good nutrition, staying active and dealing with stress.

When: Wednesdays in March -13th, 20th, 27th - 4 sessions in total Positive Ageing (124 kb

Morning tea is provided and seats are filling fast so it is strongly recommended that you RSVP

• call Tracey on 03 6352 6500 or email tcrack@dorset.tas.gov.au

Registered Wildlife Carer in Bridport

Norma Baker is a registered wildlife carer and can assist with all types of injured wildlife (except snakes).

Norma's phone number is 6356 0341 and "Norma's Arc" is situated at 1 Albert Street, Bridport.

If you have a dangerous snake to remove, do not delay, call Reptile Rescue: 0407 565 181

Events

For events, go to the community events & activities page on the Dorset website, or like us on Facebook for up to date information on Dorset Council sponsored events.

If your group would like an event included in the Community Events Calendar,

please email the details to mailto:tcrack@dorset.tas.gov.au

Dorset Council Sponsored Events in 2013

Dorset Council announces their sponsorship of the following community events scheduled in 2013:

- * Sunday 24th March Dogs Day Out, Village Green, Bridport
- * Sunday 6th April Dorset Movie Nights presents a Drive-In Double Feature at the Scottsdale Recreation Ground
- * Sunday 14th April Bridport Cycle Challenge. For further information on any of the above events please email

mailto:tcrack@dorset.tas.gov.au.

Dorset Council welcomes input from individuals, businesses, performers, artists, schools and sporting & community groups wishing to be involved in Council sponsored community events.

NBN Digital Hub

For the latest news from the NBN Digital Hub, go to the Digital Hub page on Dorset Council's website www.dorset.tas.gov.au/digitalhub

Tracey Crack | Community
Development Officer | Dorset Council
PO Box 21, SCOTTSDALE
TAS 7260
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E tcrack@dorset.tas.gov.au





Free Grant Writing Workshop in Scottsdale



Ever wondered how to write a really good grant application for your school, club or community organisation? The key is in the planning your community project and knowing what to write to sell your idea.

Dorset Council and the Community Development Division of the Department of Premier and Cabinet are running 2 workshops on Tuesday, 12th March at the Scottsdale RSL. Light refreshments will be served.

- Workshop 1 will commence at 11.30 am and conclude at 2 pm Workshop 2 will commence at 5.00 pm and conclude at 7.30 pm The workshops will include topics such as:
- What do funding bodies really want
- Proving your case
- Common mistakes
- Other avenues of support
- Support partners for applications

Grant acquittals

The workshop will also provide an overview of the new process for applying for Dorset Community Grants which will be a launched in April 2013.

RSVP is essential – phone Tracey Crack on 6352 6500, or email tcrack@dorset.tas.gov.au



2013 Fun Run

The Fun Run to be held on Sunday 27th October 2013 as the closing event of the North East Rivers Festival will take on a slightly different format this year. The inaugural primary school student fun run will start from the Village Green running south along the Foreshore History walk toward the Brid River bridge.

All participants will need to register for the event, \$2.00 registration fee and a certificate of participation presented to all runners completing the run.

Start time for this event will be after 10 am once the main event has taken off.

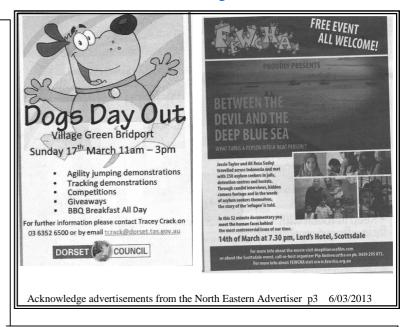
Registration this year will be on the Village Green (as per the Bridport Triathlons)

Runners will start and finish on the Village Green, making the run a full 11.2 km circuit around the town of Bridport.

Walkers are invited to *walk* the circuit, pacing themselves and enjoying the ambience and views along the way. Walkers are not timed.

Registrations will open on the Village Green from 8 am

- Walkers depart at 9 am
- Runners (full circuit) 10 am
- U13 short course approx 10.15 am



Registration fee -

- Walkers (all ages) \$5.00
- Runners (all ages) \$10.00
- U/13 (short course) \$2.00

Entry forms will be available later in the year. We look forward to posting a PDF file on the new Bridport Walking Track website once it is launched.

The organizers are hoping that the move to the Village Green will help provide a family friendly atmosphere. Come and enjoy a (breakfast) BBQ entertainment and presentations to participants.

Start your training, add that extra kilometre to your training regime now.

Bridport Primary School

10 South Street, Bridport TAS 7262

Phone: 6356 1226 Fax: 6356 1666

Email: bridport.primary@education.tas.gov.au

Bindpor Primary School

Leaders for 2013

Congratulations to the following students who have been selected to be the class representatives for this year on the SRC: Ella Stingel, Jenna Towns, Joseph Clyde & Lochie Groves

Congratulations also to the following Grade 6 students who have applied for and been successful in being appointed to the following leadership positions:

- •ICT: Jacob Simmons, Kieffer Titmus, Teigan Hill
 - •Music: Shaleah Burrows, Kieffer Titmus
- •Office/Library: Chelsea Jones, Shaleah Burrows,

•Canteen: Paige McLennan, Danika Marshall, Chelsea Jones

•Kinder: Bailey Grace, Liam Arnold, Theresa McGuinness

•Garden: Colby Harley

Behaviour Management:

We have worked extremely hard to develop a strong supportive school environment that focuses on the reward of students who are displaying positive behaviours. This is known as 'Positive Behaviour Support' (PBS). A key part of PBS has been the development of our three easily understood school rules/ expectations: Be Safe, Be Fair and Show Care. Listed below are some ways in which we encourage and reward children;

- 1. PBS Raffle: Children are awarded raffle tickets when they are exhibiting any of the behaviours mentioned above. Children then place the raffle tickets in the PBS raffle box. A number of tickets are then drawn out at the end of each week. The winners then choose a prize from the PBS prize box.
- 2. Student Nominations: Students have the opportunity to nominate each other when they see other children doing the right thing. They write the child's name and what they have been nominated for on a sheet and then when the PBS raffle is drawn, students can also win prizes for this.
- 3. Certificates: These are given for special achievements. Children may be awarded a Merit Certificate for outstanding work or excellent behaviour. Principal Awards will be given for special recognition.

These initiatives are in addition to the positive comments and individual classroom reward systems that are in operation in each class. We urge all parents

to encourage their children to strive towards continuous improvement in their school work and to display exemplary behaviour in order to maximise their development. Together we can then celebrate their success.

Although we constantly encourage and reward students for doing the right thing, they still at times make poor decisions which will require intervention. When a child does the wrong thing, their name and the behaviour is entered into our database. We also give them thinking time (about strategies they can use next time) as well as match a consequence to their behaviour, depending on its severity. Parents will be notified regarding serious behaviour or behaviours that are showing up as a pattern of concern.

SRC LEADERS 2013

Sulemaan Kaiyum (Secretary), Liam Arnold (Treasurer), Teigan Hill (Vice President), and Danika Marshall (President).

Social Skill Focus - Manners:

It's very important that children use their manners when communicating with other people. Some ways in which

they can use manners include: Saying Please – when you are asking someone for something or to do something.

Saying Thank you – when you receive something from someone. Saying Excuse Me - when you are passing

someone, or to leave a room, or to get someone's attention in order to ask them something. Saying Pardon -

when you didn't hear something someone said and you want them to repeat it.

School Association Elections:

The School Association Annual General Meeting will be held on Monday March 18th.

We are now calling for nominations for <u>any people</u> who are interested in becoming members of our School Association, which only meets 2-3 times per term.

The School Association is the primary parent group voice through which issues or concerns can be raised, policies are developed and important school based decisions are made. Current issues include the development of the playground, fundraising and looking at the ways in

which we can improve our school. I believe we have a great school here at Bridport, however school improvement is still a constant focus, whether it be curriculum, the supportive school environment or how we work with parents. By working together, so much more can be achieved in order to satisfy everyone's needs and I encourage all parents to consider becoming a member so that we can continue to move forward together. Nomination forms are available at the school office. You are able to

nominate a friend or yourself.

WANTED

Mrs Grace's class need old t-shirts in a variety of colours for a craft project. If you have any to spare, please drop

them in to the Kinder/Prep classroom or the school office.

Asthma Awareness

"Mild" asthma is very serious. If your child has asthma, please let us know immediately. This is in light of information we have received from the Asthma Foundation of Tasmania. The people at greatest risk of death from asthma are those whose asthma is not considered severe. This is because they rarely have an attack or only usually have a mild attack there's a tendency for the person with asthma or their carer not to take precautions - such as having a blue/grey reliever puffer available at all times. They are also less likely to know how to use their medications and devices properly and know what to do in an emergency. So when they have a bad attack - and that can happen even if you've never had one before – they tend to panic and have no medication available. That is unfortunately why people who have mild asthma die.

Please call the office immediately if your child has asthma on 63522477 we'll send you out a Student Asthma Record form. The Asthma Foundation recommends that you fill this form out with your doctor.

If you need any help or advice on asthma or associated allergies, please call the Asthma Foundation on 1800 ASTHMA (1800 278 462).

ICAS Competitions:

This year we would again like to offer our students from Grades 3-6 the opportunity to participate in a variety of national competitions. The competitions are organised by a group called ICAS (International Competitions and Assessments for Schools), developed by Educational Assessment Australia (EAA) of the University of New South Wales (UNSW). Every student who enters a competition receives a certificate acknowledging their participation. These tests also provide students with the opportunity to see how they are achieving compared to students across Australia. Some of our students in the past have scored remarkably well and achieved within the top 10% of Tasmania. The curriculum areas that are tested include Computer Skills, Science, Maths, Writing, Spelling and English. Information and registration forms can be collected at the school office. Please note there is an entry cost for each competition, which parents need to send with the registration.

Active After Schools Program - AASC - Term 1:

We have now been operating the successful Active After School Communities program for 6 years in our school. The AASC program encourages children to lead active and healthy lives. Tennis is being offered on Tuesday nights at the school and football is being offered on Thursday nights from 3:15 – 4:45 p.m. at the recreation ground. If your child is interested in participating in either or both of the sports offered, please contact the school office for an application form.

Parent Volunteers:

A reminder to parents who would like to work in the classrooms or who would like to accompany us on excursions that they need to return their good character check to the office. These forms were sent home a couple of weeks ago. If you need another form please contact the office.

Athletic Carnival: Prep – Grade 6

As mentioned in previous newsletters, we have had to move our athletic carnival forward into Term 1. This year our athletic carnival is scheduled to be held on Tuesday, 12th March at the Bridport Recreation Ground, starting at 9:30 a.m. and concluding at approximately 2:30 p.m. In the event of rain, the day will be changed to Tuesday 19th March.

We would appreciate parent help on the day, so if you are available to volunteer please contact the school office.

A reminder to all parents attending to bring your running shoes to challenge your child/ren in a race. Also, pumping your muscles ready for the parent tug of war. Will the Caragroo farmers bring home the bacon again?

The Bridport Guides will run a canteen with toasted sandwiches, pizza slices, homemade soup, hot drinks and more.

Athletic Events:

The 1500 metre event, which is for Grade 5/6 students, will be held on Tuesday 19th March, starting at 9:30 a.m. at the recreation ground. We welcome any parents who would like to help on the day with this event. The high jump event will be held on Friday 15th March starting at 1:30 p.m. and the long jump will be held on Monday 18th March starting at 1:30 p.m.

Early Childhood Sports

Please note that Kindergarten children do not attend the school athletic carnival, as it is too early in the year. We

Dates to Remember March

Mon 11th 8hr Day Public Holiday
Tues 12th Athletic Carnival
Fri 15th High Jump Gr 5 & 6

Mon 18th Annual General Meeting School Association

Tues 19th 1500m Grade 5 & 6

Thurs 21st SRC Casual clothes day: Opposites

Early Childhood Sports

Tues 26th North East Athletic Carnival

Thurs 28th Student Free Day Fri 29th Good Friday

Easter Break

Friday March 29th – Wednesday April 3rd

will however run a mini early childhood sports afternoon for the Kindergarten children on Thursday 21st March, which will be run by our school leaders. Parents are most welcome to attend. More information will sent out about this event at a later date.

Fire Education

All students from Prep to Grade 6 will attend the Tasmania Fire Service School Fire Education Program this week. The program has been designed for children from Prep to Grade 6 providing basic safety procedures and survival skills in the case of fire.

Public Holiday

A reminder to parents that Monday 11th March is a public holiday.

Epilepsy Awareness Training

On Wednesday 13th March, staff will be attending an awareness session about epilepsy. This will help us to care for and manage any students who have epilepsy. If there are any parents who would like to attend this session, please contact the school.

Social Skill Focus:

This week's social skill focus is about entering another teacher's classroom or needing assistance at the office; when you enter another person's room or at the office, it is polite to:

- 1. Knock on the door.
- 2. Wait until you get the person's attention.
- 3. Say "Excuse me" along with the request.

Tasmanian Science Talent Search Presentation

Bailey Brill travelled to Hobart on Sunday to collect a certificate & prize on behalf of Mrs Grace's Prep/1 class from 2012, who were awarded third prize in the Early Childhood Research Investigations section of the Tasmanian Science Talent Search.

Uniform Shop

The uniform shop will be open on Wednesday 6th March from 8:45 - 9:15 a.m. & 2:45 - 3:15 p.m.

The uniform shop is now located in the Launching into Learning room.

For people who have been waiting on orders, they have now arrived, and you can

collect them on Wednesday or make an appointment for a time that's more suitable.



Can You Help?

We are about to start our Thursday Breakfast program, however we are a few helpers short. If you could assist one morning a month for about 40

minutes please let the office know.

Last week we received a donation of second hand crockery from the Bridport Uniting Church for which we are very grateful. We are also very fortunate to have the support of the Bridport Bakery who will donate bread for the program. Money not spent on setting up costs will be spent on food. So if you have any cutlery or tea-towels or even a toaster that you are not using we will very happily accept them. Many thanks to the parents who have already offered to help run our breakfast club. We will let you know ASAP when you will be required.

Bridport Netball Club



Pre Season training commences on Wednesday 6th March, 6:30 p.m. at the Bridport netball courts. Old and new players welcome. Enquiries please phone Dannielle Krushka 0400004280.

Baby Sitter

Baby sitter required for 2 school age children for school holidays. Enquiries please phone 0438 341242



Dorset Playgroup

Dorset Community House Pollywog Playgroup commences on Wednesday March 6th, 10:30 a.m. at 3 Cameron St, Scottsdale. Enquiries Ph: 6352 2765

1995 Mitsubishi Magna Sedan \$2,500.00 Negotiable Registered till 19/96/2013 Phone 0438 028 459

This is the Executive 4 door sedan with excellent interior. Well looked after, good rubber, Tinted windows, Tow bar Ideal first car.

During Term 1 our school will be planning a new active transport program call 'Part Way is OK'

Move Well Eat Well



'Part Way is OK' at Bridport Primary

During Term 3 our school will be planning a new active transport program called 'Part Way is OK'.

'Part Way is OK' will:

- Allow all students to have the opportunity to walk to school
- Overcome distance barriers where the distance from home to school is too far to walk
- Reduce traffic congestion issues around the school

A safe drop off point that is a reasonable distance from school will be identified by the school and Dorset Council.

Children can be dropped off at the designated point and then walk the rest of the way to school.

Look out for more information in the coming weeks!

Department of Health and Human Services

Last reviewed 20

your life' Program. der the National Partnership Tasmania Explore the possibilities

'Part Way is OK' has been adapted for Tasmania with kind permission of Bicycle Network Victor

The Northern Tasmanian Junior Soccer Association

invites girls and boys aged 5-16 to become part of the world's largest participation sport.

Season 2013 kicks off on April 6th at Churchill Park, Invermay. For further information on your nearest club and registration details please contact

Kellie Dwyer at NTJSA on 6331 9111 or Email admin@ntjsa.org

Temperature and Rainfall Stats For the month of March 2013

	Min Temp	Max Temp	Rain
Mean Temp	14.2	22.9	
Lowest	8.1	18	0
Highest	18.9	28.9	6.2
Total			13.8

Deadline for next month.

Closing date for receiving articles for next month's edition is <u>28th of each month</u>.

Late articles will not be included.

Email to

paviliondsl@tadaust.org.au Or deliver to the Pavilion Information Centre, marked attention BRIDREPORT Articles must include contact details of author.





marinestingers

For additional information visit www.marinestingers.com Version 1.0 Oct 07

General guidelines

Australia's waters contain many sea creatures, including marine stingers. Although they are generally quite easy to avoid, stingers can cause discomfort if you are stung and some tropical species (the Irukandji and the Box Jellyfish, for example) can be lethal. So, to ensure you enjoy your day at the beach, always remember to swim at a patrolled beach and look out for the safety signs.

Prevention

- Always swim at patrolled beaches, between the red and yellow flags.
- Look for and obey safety signs.
- Don't enter the water when beaches are closed.
- Ask a lifesaver or lifeguard for help and advice if you need it.
- Don't touch marine stingers washed up on the beach, they can still sting you.

In tropical waters it is also recommended that you take these additional measures.

- Swim in the stinger nets where provided.
- It is recommended that a full-body lycra suit, or equivalent, be worn to provide a good measure of protection against

marine stings, particularly during the stinger season, which generally runs from November to March.

• Enter the water slowly — this gives marine stingers time to move away.

Treatment

If you are stung, or are with someone else who has been stung, the treatment will vary depending on your location and what type of stinger is involved.

In tropical waters (generally north of Bundaberg in Queensland and Geraldton in Western Australia)

Jellyfish capable of causing life-threatening stings primarily occur along the tropical coastline of Australia from Bundaberg in Queensland northwards, across the northern coastline and down to Geraldton in Western Australia. In areas where dangerous tropical jellyfish are prevalent, (e.g. Box Jellyfish or Irukandji), if the species causing the sting cannot be clearly identified, it is safer, to treat the victim with vinegar.

Treatment for tropical jellyfish stings

• Remove the patient from the water and restrain if

necessary.

- Call for help (dial 000 or get a surf lifesaver or lifeguard to help you).
- Assess the patient and commence CPR as necessary.
- Liberally douse the stung area with vinegar to neutralise invisible stinging cells do not wash with fresh water
- If vinegar is unavailable, pick off any remnants of the tentacles (this is not harmful to the rescuer) and rinse sting well with seawater (not freshwater).
- Seek medical assistance with rapid transport to hospital.

In non-tropical waters (generally south of both Bundaberg in Queensland and Geraldton in Western Australia)

- Keep the patient at rest and under constant observation.
- Do not allow rubbing of the sting area.
- Pick off any remaining tentacles with fingers (a harmless prickling may be felt).
- Rinse the stung area well with seawater to remove any invisible stinging cells.

The next steps are dependent on what type of stinger is involved

For Bluebottle stings

- Place the patient's stung area in hot water (no hotter than the rescuer can comfortably tolerate).
- If the pain is unrelieved by the heat, or if hot water is not available, apply cold packs or wrapped ice.

For other non-tropical minor jellyfish stings

- Do not wash the sting with fresh water.
- Apply cold packs or wrapped ice for pain.
- If local pain is unrelieved by these treatments, or generalised pain develops, or the sting area is large (half of a limb or more), or if the patient appears to be suffering an allergic reaction to the sting, seek urgent medical help (dial 000 or get a surf lifesaver or lifeguard).



	(Community Diary		
1st week	Day	Event	Time	Location
	Sunday	Debug Ride	am	
	Monday	CWA Craft		CWA Hall
	•	Mahjong	pm	Club
		Lions Club	7.00 pm	Club
	Tuesday	Social Lawn Bowls	pm	
	•	Tai Chi	am	Club
	Wednesday			Golf Club
	Thursday	Ladies Bowls	am	Club
	Friday		•	0.0.0
	Saturday	CWA Market	9am	CWA Hall
	- Catal day	CVV Warker	34111	- CTT/ CTIGHT
nd Week	Sunday			
	Monday	NE Horticulture	pm	Club
		Mahjong	pm	Club
		CWA Craft	•	CWA Hall
	Tuesday	Tai Chi	am	
	Wednesday			Golf Club
	Thursday	Ladies Bowls	am	Club
	Friday	Ladies DOWIS	aiii	Club
	Saturday			
	Saturday			
rd Week	Sunday			
	Monday	CWA Craft	am	CWA Hall
	,	Mahjong	pm	Club
		Lions Club	7.00 pm	
		Seaview Village	7.00 pm	
	Tuesday	Tai Chi	10.00 am	
	Wednesday			Golf Club
		RSL	5.00 PM	
		B Innovations	7.00 pm	Pavilion
	Thursday	Ladies Bowls	am	Club
	Friday	Ladica Dowia	aiii	Club
	Saturday			
	Julianuay			
th Week	Sunday			
	Monday	CWA Craft	am	CWA Hall
	ivioliuay	Mahjong		Club
	Tuesday	Tai Chi	pm 10:00 AM	
	ruesudy	Social Lawn Bowls		
	Modeocdor		pm	-
	Wednesday			Golf Club
	Thursday	Ladies Bowls	am	Club
	Friday			
	Saturday			
NB - Clubi	ndicates Ex-S	ervices Community	& Bowls (Club, Main